Creativity this all that man has achieved that really matters, basically. It is the main ability that he has to use the knowledge that he possesses and what is around him to be able to create the most impressive, beautiful, complicated, disturbing, strange, terrifying and good things.

True creativity is not related to how resourceful we are at creating something new. In reality, it tells us how good we are at creating something based on what we know and have lived.

For this reason, adults tend to be more creative than minors, since they have a large amount of materials to create what seems to them, from music to a computer.

Taking as reference the documentary "The creative brain" we can find creativity anywhere on earth and in any work area. Creativity is not rooted in the arts. The formal sciences started from basic knowledge to later develop in complicated subjects that makes one or the other struggle.

We as technology enthusiasts have to use and expand our knowledge. Since creativity is fundamental for the creation of new software, new hardware, new electronic devices, new companies, etc. You need to acquire new knowledge every day. The routine can cause a lack of creativity in our lives, staying stuck limits us with new knowledge and this consequently leaves us without the necessary resources to create anything.

The main thought that is related to creativity is lateral thinking. In order to be more creative, we need to carry out activities that help us to think laterally and not only vertically. A person who is able to think in these two ways can be of great use to society no matter what he does.

Also in the documentary we were able to observe how many creative people are found even in prisons, and just because they have made mistakes in their lives they are excluded from a society to which they have much to contribute.

There is creativity for everyone. No one is left without their piece of the cake. Creativity is also adapted to the type of intelligence of the person. Regardless of age, race or gender, we all have the ability to be creative.

As proof of this we can turn to the podcast "Creativo" by Roberto Mtz. In each episode of the podcast Roberto will interview different people with different jobs who have the quality of having stood out more than the others. And here we can clearly see that creativity ranges from a war journalist to a rapper.

[Podcast Creativo](https://youtube.com/playlist?list=PLarzDke3cEZ_fdKaUbbjkTYWJlOj_htPV)